30-Day Declutter Challenge

One small spot a day. Keep, donate or toss, then tick it off.

Start date _____

Day 1 ☐ Your wallet or bag Keep Donate Toss	**Day 2** ☐ The junk drawer Keep Donate Toss	**Day 3** ☐ Expired food in the fridge Keep Donate Toss	**Day 4** ☐ Pantry snacks and spices Keep Donate Toss	**Day 5** ☐ Mugs and water bottles Keep Donate Toss
Day 6 ☐ Food storage containers Keep Donate Toss	**Day 7** ☐ Under the kitchen sink Keep Donate Toss	**Day 8** ☐ Bathroom cabinet Keep Donate Toss	**Day 9** ☐ Old makeup and samples Keep Donate Toss	**Day 10** ☐ Towels and sheets Keep Donate Toss
Day 11 ☐ Socks and underwear Keep Donate Toss	**Day 12** ☐ Shoes Keep Donate Toss	**Day 13** ☐ One closet shelf Keep Donate Toss	**Day 14** ☐ Coats and jackets Keep Donate Toss	**Day 15** ☐ Bags and purses Keep Donate Toss
Day 16 ☐ Nightstands Keep Donate Toss	**Day 17** ☐ Books and magazines Keep Donate Toss	**Day 18** ☐ Kids' toys Keep Donate Toss	**Day 19** ☐ Kids' outgrown clothes Keep Donate Toss	**Day 20** ☐ Paperwork and mail Keep Donate Toss
Day 21 ☐ Desk and office supplies Keep Donate Toss	**Day 22** ☐ Cords and chargers Keep Donate Toss	**Day 23** ☐ Old electronics Keep Donate Toss	**Day 24** ☐ Living room surfaces Keep Donate Toss	**Day 25** ☐ Decor you don't love Keep Donate Toss
Day 26 ☐ Entry and drop zone Keep Donate Toss	**Day 27** ☐ Cleaning supplies Keep Donate Toss	**Day 28** ☐ Laundry room Keep Donate Toss	**Day 29** ☐ Car Keep Donate Toss	**Day 30** ☐ Donate it all Keep Donate Toss

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