Monthly Cleaning Schedule

The basics every day and week, plus one deeper area each week.

Month _____

Every day

- [ ] Dishes done and counters wiped
- [ ] A quick tidy of the main rooms
- [ ] Sort the mail as it comes in
- [ ] Wipe the bathroom sink

Every week

- [ ] Clean the bathrooms
- [ ] Vacuum and mop the floors
- [ ] Dust the main rooms
- [ ] Change the sheets

Week 1: Kitchen

- [ ] Wipe inside the fridge
- [ ] Clean the microwave and oven door
- [ ] Degrease the range hood filter
- [ ] Wipe cabinet fronts and handles
- [ ] Clear out one cabinet or drawer

Week 2: Bathrooms and laundry

- [ ] Scrub the grout and the tub
- [ ] Wash the shower curtain and bath mats
- [ ] Clean the washer seal and dispenser
- [ ] Empty the lint area by the dryer
- [ ] Check what's expired in the cabinet

Week 3: Bedrooms and closets

- [ ] Vacuum under the beds
- [ ] Wash pillows or flip the mattress
- [ ] Dust the blinds and the window sills
- [ ] Clear the closet floor
- [ ] Pull out clothes to donate

Week 4: Living areas and whole house

- [ ] Vacuum under the sofa cushions
- [ ] Wipe baseboards and door frames
- [ ] Dust the ceiling fans and vents
- [ ] Wipe switches and door handles
- [ ] Check the filters and alarms

Notes and extra jobs this month

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